

Welcoming November

Why such lofty expectations of life?
It is conditioned mind which causes strife!

What is due to us, must come our way;
Unseen laws direct this play.

Keep your balance through it all - should you rise or fall.

Sometimes pleasure, sometimes pain;
Sometimes sunshine, sometimes rain;

Sometimes hot, sometimes cold...

But always joy - always peace!
For one who's heart the truth can hold.

To accept what is is the greatest gift;
The mind and soul will surely lift.